

# WELCOME

WOLFES LANDING CHALET



74 WOLFES PUMP RD, YOUNGS SIDING WA 6330

# ABOUT US

Matthew and Melaney established Padma Chalets in 2022 - although this is somewhat of a homecoming for Melaney, having lived in the area with her children for many years in the 1990's and 2000's.

Together they have created a place of rest and rejuvenation, where your mind can switch off from the noise and stress of everyday life. You can inhale deeply, appreciate the present moment and be reminded of the sacredness of nature.

Melaney is the founder and Director of the Melaney Ryan Institute of Applied Consciousness (MRIAC) which specialises in the teaching of Mahat Meditation and Integrated Therapeutic Alignment (ITA) Energy Medicine.

Matthew is an apiarist, having always loved bees, birds and nature. He is the face behind Empire Honey and will be sharing his knowledge about beekeeping through a series of courses in the near future.

Padma Chalets is a part of the Padma Retreat Centre which holds MRIAC retreats and aligned programs and events.



Whether you stay in our beautiful chalets, attend one of our retreats, enjoy a wellness program or take part in one of our community projects, we look forward to welcoming you to Padma and hope you can create many wonderful memories here with your loved ones.

# WIFI



**Network: Wolfes Landing - 4G Wifi**

**Password: nelson101**

# CHECK IN

Check In Time: After 2:00 PM



# CHECK OUT

Check Out Time: Before 10:00 AM

# SOCIAL MEDIA

Check out our website [www.padmachalets.com.au](http://www.padmachalets.com.au) to book this chalet at the best rate available and follow @padmachalets on instagram for regular updates.



# SECURITY DEPOSIT

If you booked with [bookings.com](http://bookings.com), [expedia.com](http://expedia.com) or through our website, you are required to sign a credit card pre-authorisation form upon arrival (if you have booked through Airbnb then this does not apply to you). We will charge a guest's credit card only in the case of neglectful or wilful damage, but please note this will never be done without the guest's prior knowledge.

Having this in place is important because it means our guests are more aware of being respectful and responsible in our accommodation. The cost of repairs or replacements of damaged/broken property can be terribly expensive, so this is just a form of insurance.

# HOUSE RULES

## **PLEASE DO NOT:**

- smoke inside the house
- make excessive noise after 11:00PM
- rearrange or move furniture from its current position - this can cause damage to the flooring
- use the toilet as a rubbish bin - you can dispose of waste in the bins around the premises
- host events/parties without prior arrangement with us

## **PLEASE DO:**

- switch off all lights, fans & electronics before leaving the home
- tidy up after yourselves as you normally would in your own space
- be mindful when showering and using the water - we are completely reliant on rain water
- use the dishwasher/wash your dishes and clean up kitchen after use

**If anything is unclear, please don't hesitate to reach out and we can explain anything further to avoid any misunderstandings.**

# FOOD & DRINK

Our local area is blessed with a range of cafes, restaurants, wineries and distilleries where you can sample the best of what the Great Southern has to offer.

**Tea House Books**, located in Denmark opposite the riverbank, is a quaint family-run book store & cafe. The owners, Sumer & Tyson, are super friendly and down to earth. They offer a range of hot and cold drinks and their small food menu comprises of just a few savoury options, baked goods and daily specials. They also stock a unique range of gifts, toys and local art. We highly recommend their sticky chai latte or their chilli spice hot chocolate (especially on a chilly day) - so good!

**The Cape Cafe**, located in Kronkup, is a small cafe with lots of character and very friendly staff. Browse the range of products in the shop at the front while you wait for your takeaway coffee, and then continue down the road for just over 1km until you reach the beautiful Cosy Corner Beach.

**The Green Pantry**, located in Denmark, has an all-day menu of healthy and delicious meals, including gluten free, paleo and vegan options. The meals are prepared using local and seasonal organic produce. It also doubles as a retail shop with lots of unique gifts and wholesome grocery products.

**Mrs Jones Cafe**, located in Denmark, is a popular cafe attached to the Old Butter Factory. It has a friendly atmosphere and there is plenty of indoor and outdoor seating. Browse through the art gallery and gift shop while your meal is being prepared.

**Ravens Coffee**, located in Denmark, has a great range of savoury food, sweet treats and drinks. They also sell coffee, tea, produce and gifts. Berridge Park and the Denmark River is opposite, so you can get takeaway and sit in the park by the river for a more scenic option.



**Dark Side Chocolates**, located in Denmark, is a hidden gem in the heart of town. Very unassuming from the street, you wouldn't look twice. The chocolatier, John, makes all the chocolates by hand and the flavour combinations are extraordinary. You can buy small or large gift boxes (we recommend a large one!!) and pick the chocolates yourself or select a pre-made one. They also sell ice cream, tarts, hot chocolate, sauces and more. There is also dairy free and vegan chocolate options.

**Bar Tarifa**, located in Denmark, is an authentic Spanish bar/restaurant owned by Yolanda and her husband. Friendly, warm service paired with delicious Spanish food - you're sure to get a taste of Europe.

**Kate's Place**, located in Albany, is a quaint cafe with a funky feel. They offer an excellent range of freshly baked tasty treats, hot drinks and delicious meals. Open from early until 5pm daily, they're a must-try during your visit to Albany town.

**Frederick's Cafe**, located in Albany, offers a great menu selection as well as lovely service from the staff. What more can you ask for? A small cafe with mostly outdoor seating makes it's perfect for the warmer days, but if the weather is dreary there is a heavy-duty plastic sheeting which shelters the seating area.

**Dylan's on the Terrace**, located in Albany, is another awesome option. Think old school classics - pancakes, classic big breakfasts, toasted sangas, burgers, chicken parmi, fish & chips, milkshakes, teas, coffees, scones, cakes, sundaes... there's something for everyone here! Tasty food and prompt service, they're a winner.

**The Alkaline Cafe**, located in Albany, offers a 100% vegetarian and gluten-free range of food and products. They also cater for all allergies and intolerances, with many of their products being nut-free and/or vegan. With the combination of great atmosphere, cute decor, lovely service and yummy food, we highly recommend paying a visit.





**The Donut Man**, located in Centennial Park, is a family-run food van. Get yourself some of their freshly made cinnamon doughnuts - served hot, crispy on the outside but soft in the inside - it's a doughy heaven. And at \$1 a pop, it seems too good to be true. They offer a super simple menu which is accompanied by honest, friendly service.

**Handasydes Strawberry Farm**, located in Walmsley, is family-owned establishment that boasts the freshest organic strawberries around. Try their delicious pancakes or waffles served with fresh strawberries or their scones with strawberry jam - sooo good! The kids can enjoy the outdoor playground and pat the friendly animals. Lovely staff, plenty of parking, shaded seating area and pet-friendly. You can also hire The Hay Shed for private functions at an affordable cost. They also proudly sell their own products, including jams, relishes, syrups, sauces, freeze-dried products and chocolate coated products.



**Don Japanese Fusion**, located in Albany, is a great option if you feel like you need that rice fix. Beautiful interior, friendly service, delicious food and a good selection of imported beer and sake. Big thumbs up, we highly recommend.

**Albany Indian Tandoori Restaurant**, located in Albany, serves (in our opinion!) the best Indian food in WA. The restaurant is always buzzing, and for good reason - great food, great service, great atmosphere. If you love Indian flavours, you cannot pass up a visit here. Thank us later!



**Maleeya's Thai Cafe**, located in the Porongorup mountains, is a quaint family-run restaurant that boasts the freshest, most authentic Thai cooking in WA - big claim, we know! Maleeya creates beautiful Thai dishes with organic produce from her own garden. Her husband Peter, who runs the front of house, is very engaging and knowledgeable about the local area. The venue is surrounded by gorgeous scenery and they even have

highland cows in a paddock out front. We recommend making a booking in

advance; as it's a small family-run business Maleeya prepares the food according to the booking numbers, so it'll just ensure that you don't miss out. While it is pricey and a bit of a drive to get to, the unique experience and quality of the food makes it worth every cent.

**Ocean & Paddock**, located in Albany, was voted WA's best fish & chips in 2017 and 2018. They boast a casual restaurant dining experience and offer the best local produce sustainably sourced from our local oceans and paddocks. Family friendly environment

**Boston Brewing Company**, located in Hay, is a family-run business and is home to a large range of boutique in-house brews, wines and sensational food. They offer lovely service and pet-friendly outdoor seating too. On Wednesdays between 5 and 6pm they offer Happy Hour deals, then from 6pm they host their weekly quiz night - so gather a team of up to 8, book your team, test your knowledge and have some fun.



**The Denmark Tavern**, located in Denmark, boasts an extensive pub menu and has established a solid reputation for delicious food and friendly service. Excellent family atmosphere and great value.

**Pepper and Salt**, located amongst the rolling hills and sweeping vineyards of Denmark, is renowned as one of WA's best restaurants. Regional chef, Silas Masih, has designed the menu to showcase the sensational local and seasonal Denmark produce. Freshly toasted spices induce flavour and depth into their dishes, and the aromas captivate the senses. Definitely a luxurious and pricey experience, however absolutely sensational. We highly recommend paying a visit to celebrate a special occasion (or just to treat yourself and celebrate life!)



**The Dam**, located near William Bay, boasts a seasonal menu centred around fresh local produce, CBD hemp spirits from their distillery, signature cocktails, local craft beers and Raintree wines. From the giant rock amphitheatre to the striking black posts of the Albany Jetty to the mother of pearl from Broome ingrained in

the polished floor, this venue was designed to capture the unique beauty of Western Australia. Enjoy attentive service, divine food and exceptional drinks.

**The Lake House**, located in Shadforth, is the perfect place to unwind with its natural beauty and gorgeous views. Enjoy lunch and wine by the lake or coffee and cake on the deck. Their gourmet vineyard platters are absolutely delicious and filled with fresh, locally grown/sourced produce and high-quality condiments & preserves. Their on-site shop, The Shed, stocks their Vinofood products, including mustards, jams, chutneys, relishes, syrups, vinegars, sauces and much more. They are also pet-friendly and kid-friendly, so nobody has to miss out! Making a booking in advance is recommended.



**Duckett's Mill Wines & Denmark Farmhouse Cheese**, located in Scotsdale, is a proudly family-operated business. Housed in a unique pine-slatted

farmhouse, the Cellar Door features a full tasting and retail area, with knowledgeable staff ready to give samples and pair the wines. Their deck overlooks the valley and the open courtyard invites tourists and locals alike to enjoy spectacular platters of their cheeses and a menu created in their small commercial kitchen.



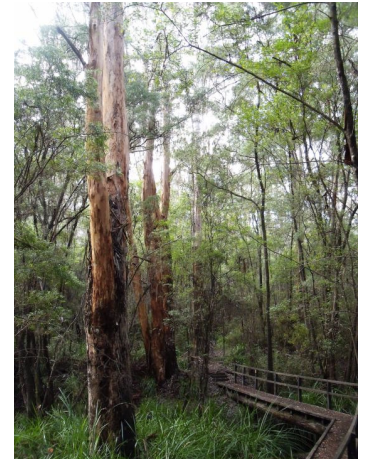
**Singlefile Wines**, located in Denmark, is the Great Southern's leader in world-class

wines. Their wines are unique expressions of WA's Great Southern region and are made in a thoughtful and refined style, with a fruit-driven complexity and an enticing length of flavour. With spectacular views of the lake and forest, excellent wines and knowledgeable staff - Singlefile is an unmissable experience.

# THINGS TO DO

**Bartholomews Meadery**, located in Denmark, is one of the few meaderies in Australia. They offer a great selection of Bee-wares including gifts, candles, skincare, honey (duh!), books, chocolate, mead and liqueur. While you're there you can watch the bees at work, in their glass hive. This is a fascinating visit for all ages to enjoy.

**Harewood Forest Walk Trail**, located in Scotsdale, is a 2.8km loop through the tranquil forest. Generally considered an easy trail, it is great for hiking, running or walking. There's also a picnic bench spot, so you can bring some food/snacks with you and eat them as you admire the forest views. The trail is open year-round and is beautiful to visit anytime (but especially in winter and spring!). Dogs are welcome but must be on a leash.



**Denmark Animal Farm**, located in Kordabup, is a great hands-on animal farm and wildlife park where you can pat, cuddle and feed a range of friendly animals including koalas, alpacas, kangaroos, emus, goats, sheep, donkeys, ferrets, aviary birds and more. Visitors can help with the baby bottle feeding at 3pm daily. There is also a gallery and shop with art, souvenirs, gifts and cosy alpaca knitwear.



**Valley of the Giants Tree Top Walk**, located in Tingledale, is an internationally recognised attraction that gives visitors a birds eye view of some of the biggest timber giants in the world – WA's majestic tingle trees. Climbing 40m into the forest canopy and meandering through the treetops for 600m, this walk trail is the first of its kind.

**Denmark Thrills Adventure Park**, located in Denmark, is the home of the world's longest globoriding track. Perfect for families, friends or couples - anyone you don't mind getting up close with. Situated on the stunning Castelli Estate amongst the giant Karri trees. The owners, Amelia and Matt, work hard

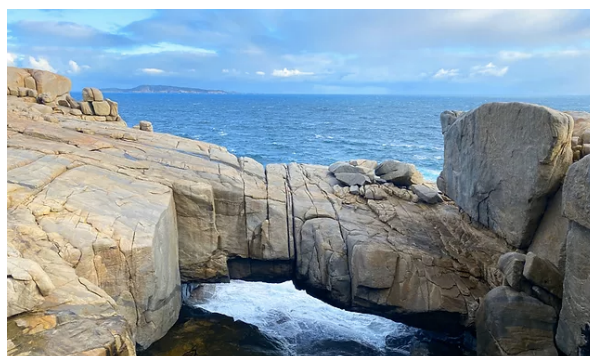
to ensure it's an unforgettable experience for everyone. Guaranteed to get your heart pumping, it's an absolute must for those with a thrill-seeking, adventurous spirit. Bookings are recommended year-round.

**Monkey Rock**, located in Ocean Beach, is a magnificent rock formation that also has spectacular views west over William Bay National Park, and east over Ocean Beach, the Wilson Inlet and the Nullaki Peninsula. The 4km return walk from the car park is quite a climb, so come prepared with proper hiking gear as well as water and snacks. If it's windy or raining we don't recommend going, as the rocks can be dangerous in those conditions - so definitely wait for a nice day!



**Kwoorabup Community Markets**, located in Denmark, is open on Sundays 10am – 2pm at the Golden Hill Steiner School. The stalls offer locally grown produce, gourmet condiments & preserves, frozen meals, honey, artisan breads, handmade gifts, arts & crafts and more. Food vendors offer drinks, pastries, cakes and treats as well as hot food - all of which will have your mouth watering. Plenty of parking and pet-friendly. So come on down and support local!

**Eden Gate Blueberry Farm**, located in Youngs Siding on the Nullaki Peninsula, grows approximately 15 different varieties of blueberry. They pick their berries when they're properly ripe and they're transported a short distance from their farm to the market. They produce fresh and frozen blueberries and a range of blueberry products, including jams, preserves and a blueberry liqueur. The owner is very knowledgeable and loves a good chat. NOTE: only open from December until February, to coincide with the blueberry season and school holidays.



**The Gap and Natural Bridge**, both located in the Torndirrup National Park, provide outstanding views of the Southern Ocean and the coast from Bald Head to West Cape Howe. At The Gap, visitors can venture onto the viewing platform 40m directly above the surging waves. The Natural Bridge is close by and connected to the same pathways.

Both attractions are entirely outdoors and prone to very strong winds so dress appropriately. The area and surrounding coastline is dangerous, so take note of the safety guidelines.

**Albany's Historic Whaling Station**, located in Frenchman Bay, is the only



experience of its kind in the world. Explore an intact whale processing factory and whale chasing ship. Get ready to absorb lots of fascinating knowledge about the history of whaling in WA. A great one for families and we recommend allowing a good 3+ hours to enjoy all there is to see and do.

**Blowholes at Torndirrup National Park**, located in Torndirrup, is a very unique attraction. It's fascinating to hear the crashing sounds coming through the holes in the rocks from the waves crashing underneath. The walk is long and slightly steep, but it's worth it. Be careful on the rocks and take note of the safety guidelines.

**Cave Point Lighthouse**, located in Torndirrup, is a great visit. It's a lovely 10 minute walk to the lighthouse from the car park and a short pathway winds its way to the coastal boulders. Be careful on windy and rainy days, the rocks can be hazardous. We highly recommend going at sunset for the best experience.

**Stony Hill**, located in Torndirrup National Park, is a 4.8km return trail. Generally considered a challenging route, it takes an average of 1 hour 40 minutes to complete. This trail is great for hiking or walking. You will enjoy beautiful scenic views at various points along the trail but especially at the top! This is definitely a must for avid hikers.

**Albany Wind Farm**, located in Sandpatch, consists of 12 giant wind turbines. The turbines generate around 75% of clean, green electricity for Albany. When you stand at the base of the turbine you'll truly understand just how huge they are! It's a decent walk up but absolutely worth it for the impressive views of the Southern Ocean and coastal landscape. We highly recommend going at sunset.



## 4x4 Tracks

The Denmark and Albany region offers some of the states best 4x4 tracks to explore. From beautiful secluded beach tracks to adventurous national park trails.

**Parry Beach** is one of the most popular camp sites on the south coast, located just near Greens Pool. Parry Beach has 4x4 access too, and you can drive a fair distance along the beach.

**West Cape Howe** is a popular one - the entry starts just off the road out to Shelly Beach. You can head west or south and follow the coastline around via the inland tracks. Eventually, you'll get to Dunsy beach, which is one of the most quiet (but beautiful) beaches in the area.

**Bornholm Beach** has been labeled by many as the toughest 4x4 track in WA. The track starts off Shepherds Lagoon Rd, and makes its way down a steep hill to the bottom, where you'll find a stunning beach. Getting down is easy, but getting back up isn't so much, so be cautious of this before going down.

**Boat Harbour Beach** is one of the most amazing beaches around. Turn off South Coast Hwy onto Boat Harbour Rd, and follow it to the end of the track. If you take your time going in and let your tyres down, you'll be great and you'll make it to the gorgeous beach.

A few other accessible 4x4 tracks include **Torbay Inlet**, **Peaceful Bay** and **Mazzoletti Beach**.



## Local Fishing

The Great Southern region offers some of WA's best fishing experiences. We are blessed with a wide range of bays, beaches, inlets and rivers that are inhabited by many varieties of freshwater and saltwater fish.



**Wilson Inlet** is the main fishing attraction - here you can catch Pink Snapper, Australian Salmon, Skippy, Herring, Mulloway, Whiting, Blue Spotted Flathead and Black Bream.

A few other locations to check out:

**Ocean Beach** - Australian salmon

**Denmark River** - Black Bream

**Hay River** - Black Bream

**McGeary's Rock** - Mulloway, Whiting, Skippy, Samson Fish, Herring, Australian Salmon

**Flat Rock** - Trevally Herring, Whiting, Australian Salmon

**Lights Beach** - Skippy, Herring, Australian Salmon

**William Bay** - Whiting, Skippy, Australian Salmon, Herring

**Waterfall Beach** - Herring, Whiting, Skippy, Australian Salmon

**Parry Beach** - Mulloway, Samson Fish, Australian Salmon

**Boat Harbour** - Australian Salmon, Skippy, Herring, Whiting.

**Peaceful Bay** - Herring, Whiting, Australian Salmon.



# BEACHES

**Anvil Beach**, located on the Nullaki Peninsula, is a quiet one - it's not uncommon to have the entire beach to yourself. Spectacular rocks, shining white sand, and crystal blue water. Facing the ocean, head left and pass the rocks via a little track over the dunes and you'll find a beautiful second beach. Dog-friendly.

**Lights Beach**, located in Denmark, has 3 separate beaches accessible from one car park. The eastern beach showcases an ocean-waterfall with waves crashing into Princess Pool, and is dog-friendly. The central beach is viewable from the platform off the car park - the white sand, rounded granite rocks, green hills and wildflowers are a memorable experience. The western beach connects to William Bay National Park and the Bibbulmun Track passes directly across the beach.

**Greens Pool and Elephant Rocks**, located in William Bay just 15km west of Denmark town, is truly one of the most magnificent places along the South Coast. Famously known for its pristine white sand beach, bright turquoise water and granite boulders, Greens Pool is a must for the family. Elephant Rocks, located just around the corner, is a protected cove with epic rocks that resemble a herd of elephants. No dogs allowed.



**Lowlands Beach**, located in Lowlands between Albany and Denmark, is a beautiful area of coastline tucked between towering limestone cliffs. The descent from the carpark onto the beach meanders down through the bush and shrubbery onto a gently sloping boulder overlooking the beach. With lots of rocks to climb and nooks & crannies to explore, it is also a common spot for rock fishing year-round. Toilet facilities available by the car park. Dog-friendly.

**Prawn Rock Channel**, located just a few kms outside of Denmark town, connects the Wilson Inlet to the Southern Ocean. Depending on the time of year, the water is either turquoise blue with the ocean water flowing into it or dark blue/grey with the inlet flowing through it out towards the ocean. It's a great spot for picnics, with plenty of grassy area, and for families with children



as the water is calm. If you want waves you can walk around the headland for 100m to Ocean Beach.

There's a great dog-friendly beach on Dog Island, accessible via two bridges over the channel from the main area.

**Parry Beach**, located in Parryville between Denmark and Walpole, is a great spot for all sorts of activities including 4x4ing, surfing, fishing and camping. The campground has 2 toilet and shower blocks, rubbish bins, BBQs, running water (not drinkable unless boiled first), firewood (to be purchased), a boat launching area and lots of shade under the peppermint trees. Parry Beach is over 5km long, and if you cross over the mouth of the Parry Inlet it turns into Mazzoletti Beach which will then take you straight to Greens Pool and Elephant Rocks.

**Salmon Holes**, located in Torndirrup, is an absolutely stunning beach with a lovely cove. It's considered too rough for swimming, with potential king waves coming in (so be careful on the rocks!) but is still very relaxing to watch the waves crashing and take in the views. It's a popular fishing spot, with people catching Australian Salmon and Herring (but again, be careful doing so!). It's only a short walk from the car park to the viewing platform where you get brilliant views. Plenty of parking. No toilet facilities.

**Misery Beach**, located in Torndirrup, is a small and secluded north-facing beach, and despite its name it is anything but miserable. In fact, it has been named Australia's best beach for 2022 by Tourism Australia. You can enjoy activities such as swimming, snorkelling, surfing and fishing here. It's a slice of paradise - secluded, clean white sand, turquoise waters and a dramatic granite backdrop. Look out for dolphins and seals, as they love to frolic in the waters. No toilet facilities. We recommend packing a picnic and going for the sunset on a nice day.



# FIREWOOD

There is nothing quite like a wood fire to warm you up on those chilly nights and create that special ambience.

The firewood and kindling is stored directly next to the wood heater and in the plastic bin outside the back door. We advise you use the smaller kindling to start your fire because it lights so easily, followed by the larger logs once it's already going.

If you require additional firewood to what is supplied in the indoor and outdoor bins please send us a message and we can provide more. Please **do not** collect wood yourself.

Thank you for your understanding.



# BEFORE YOU LEAVE

- Please ensure that all your dishes have been washed and put away, or you've turned the dishwasher on
- Empty the refrigerator/freezer and take your food with you or discard it in the bins
- Throw all used bath towels into the big basket in the bathroom

# AFTER YOU'VE LEFT

Please leave us a review on your stay at Wolfes Landing Chalet - it really helps us out and we always want to know how we can improve our guests' experience.

**Thank you for booking Wolfes Landing Chalet, we hope you've enjoyed your stay and that we'll see you again!**

